

RED CABBAGE SALAD

half small red cabbage
half cup red wine vinegar
3 TBL sugar
1 tsp salt
1 tsp tabasco sauce
1 red onion sliced
half cup currants
parsley

put vinegar sugar salt tabasco onion and currants in pot bring to boil until onion is softened and reduce liquid add cabbage give a bit of a toss up cook it to how you would like it then cool .

You could add all sorts of other things to this recipe.

May be

Toasted nuts of any sort
more different herbs(James)

The other veges that were in the dish were home grown pumpkin and my potatoes all I did was put them in a roast dish with a bit of salt and into oven at bout 180ish on fan bake keep eye on them give them a shake up if need to